



Termination in Psychotherapy & Counseling: Ethical & Clinical Considerations

Ofer Zur, PhD

Introduction to Termination Course

This transcript is an introduction to an Online Course on Termination for CE Credits (CEUs) for Psychologists, MFTs, Social Workers, Counselors and Nurses.

Welcome to the Zur Institute's course on Termination.

I would like to introduce you to our 2nd course on the important topic of Termination in Psychotherapy and Counseling.

When it comes to termination, there are a lot of myths, misconceptions, and unfounded fears. This course will answer questions, such as:

How and when to discuss termination with a client?

Do therapists always need to give clients referrals upon termination?

Must therapists send a letter or call a client when he or she drops out of therapy unannounced?

Do therapists need to offer "one more free" - closure or termination session to a client who wants to drop out of therapy pre-maturely?

The course also clarifies:

What constitutes abandonment.

Are we allowed to terminate immediately with a client who threatens or stalk us or our family members?

The course will dispel the many myths surrounding termination and clarify the therapists' duties, as well as discuss the important issue of informed consent in regard to termination.

Also discussed, is the fact that clients have responsibility too.

